



Community Support Groups Stonehaven & District

Group	Offering	Contact/Link
Stonehaven and District Round Table	Essential bags for vulnerable people, prescription collection and emergency supplies along with A&I Taxis	Click Here
The Haven Community Larder	A larder stocking FREE food and personal care products that can be accessed by anyone in the community who has a need. Donations also gratefully received.	https://www.thehaven.co.uk/community-larder/
Far & Wide Foodbank	Referral system from Citizen's Advice, Social Work or visiting the shop	07765 548649 Barbara.farandwide.t121@btinternet.com
Storehouse Catalyst Vineyard Church Mearns	Food larder	07572 832103 Kirsty.broadley@catalyst.vin

The Bellman	Providing a summary list of most of the shops which are doing home deliveries locally	Click here
Coop – David Street	Delivery service for those who are vulnerable, shielding and self-isolating.	Call 01569 766 161
Mearns and Coastal Healthy Living Network Have extended their coverage to the whole of K&M	<ul style="list-style-type: none"> • Transport to healthcare appointments • Home Delivery shopping service • Prescription deliveries • Post Office collections and drop-offs • Friendly Call telephone service • Grass cutting and garden maintenance • Signposting and Information sharing. 	Click here
Kincardine and Deeside Befriending	We are an established befriending service over Kincardine, Mearns and Deeside continuing to support older people (over 55yrs) living at home who are experiencing social isolation and loneliness. At the moment we are offering regular telephone befriending calls from our volunteer befrienders to offer conversation and connection for older people feeling isolated.	Liz Treasure – Senior Coordinator liz.treasure@kdbefriending.org.uk 07547 700 687 or info@kdbefriending.org.uk

What a fantastic response from our communities. We are proud to be part of Kincardine and Mearns. Remember, help can also be accessed through the Grampian COVID19 Assistance Hub <http://www.gcah.org.uk/> or phone 0808 196 3384

KDP are unable to quality assure the activities listed so we remind you to take reasonable precautions when seeking assistance; for example, do not give anyone your payment card and PIN number or give cash to someone you do not know and trust without receiving goods. Stay safe.