



# Community Support Groups

## North Kincardine

Group	Offering	Contact/Link
South Deeside View	Sharing of Information	<a href="#">Click here</a>
Portlethen, Hillside, Newtonhill, North Kincardineshire Community Group	Information	<a href="#">Click here</a>
North Kincardine News	Community support	<a href="#">Click here</a>
Help Group - Cookney/Netherley/Bridge of Muchalls	Information and support	<a href="#">Click here</a>
The Larder (Portlethen & Surrounding Area)	Food larder & support group Porty Cabin, Cookston Road, Portlethen Mon 6-8pm, Wed 4-6pm, Thur 10am-noon, Fri 2-5pm, Sat 10am-12.30pm	07376 133870 C19portlethenhelp@gmail.com

NKRCC Facebook & website	Shares all Scottish Government & Aberdeenshire Council news & COVID-19 info	<a href="#">Click here</a>
South Deeside Community Facebook Page	Offering information and support for Blairs, Banchory Devenick, Ardoe, Maryculter & Kincausie with a dedicated person responsible per area	<a href="#">Click here</a>
Mearns and Coastal Healthy Living Network Have extended their coverage to the whole of K&M	<ul style="list-style-type: none"> <li>• Transport to healthcare appointments</li> <li>• Home Delivery shopping service</li> <li>• Prescription deliveries</li> <li>• Post Office collections and drop-offs</li> <li>• Friendly Call telephone service</li> <li>• Grass cutting and garden maintenance</li> <li>• Signposting and Information sharing.</li> </ul>	<a href="#">Click here</a>

What a fantastic response from our communities. We are proud to be part of Kincardine and Mearns. Remember, help can also be accessed through the Grampian COVID19 Assistance Hub <http://www.gcah.org.uk/> or phone 0808 196 3384

KDP are unable to quality assure the activities listed so we remind you to take reasonable precautions when seeking assistance; for example, do not give anyone your payment card and PIN number or give cash to someone you do not know and trust without receiving goods. Stay safe.