



Community Support Groups

Mearns

Group	Offering	Contact/Link
Mearns – All Areas		
Mearns and Coastal Healthy Living Network	<ul style="list-style-type: none"> • Transport to healthcare appointments • Home Delivery shopping service • Prescription deliveries • Post Office collections and drop-offs • Friendly Call telephone service • Grass cutting and garden maintenance • Signposting and Information sharing. 	Click here
Kincardine and Deeside Befriending	We are an established befriending service over Kincardine, Mearns and Deeside continuing to support older people (over 55yrs) living at home who are experiencing social isolation and loneliness. At the moment we are offering regular telephone befriending calls from our volunteer befrienders to offer conversation and connection for older people feeling isolated.	Liz Treasure – Senior Coordinator liz.treasure@kdbefriending.org.uk 07952549974 or info@kdbefriending.org.uk

Mearns Community Larder	Community Food Larder including nappies, books, games, jotters,craft materials, compost and seeds Tuesdays 2pm – 4pm Fridays 1pm-4pm	The Venue 07780 143 027
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Auchenblae (including West Cairnbeg)		
Auchenblae Support Group	Assistance with shopping, collecting prescriptions, dog walking, friendly chat on the phone, etc	AuchenblaeSG@gmail.com Call Margo 07527 585327 Call Gina 01561 320269
Auchenblae Food Larder	Tuesday – 11 am until noon Thursday – 6pm – 7pm Starting Tuesday 21 st April Auchenblae Village Hall	AuchenblaeSG@gmail.com Call Margo 07527 585327 Call Gina 01561 320269
West Mearns Parish Church	Pastoral support, assistance with shopping, collecting prescriptions	Click here
Auchenblae Noticeboard	Information Sharing	Click here

Fettercairn (including Edzell Woods)		
West Mearns Parish Church	Pastoral support, assistance with shopping, collecting prescriptions	Click here
Edzell Woods Social & Improvements Group	Community Giving Box – for local residents to share non-perishable goods within the community.	Click here

Fordoun		
Fordoun Defibrillator Group	Survival packs, telephone calls	Click here
Glenbervie		
West Mearns Parish Church	Pastoral support, assistance with shopping, collecting prescriptions	Click here

Laurencekirk		
Mearns and Coastal Healthy Living Network	<ul style="list-style-type: none"> • Transport to healthcare appointments • Home Delivery shopping service • Prescription deliveries • Post Office collections and drop-offs • Friendly Call telephone service • Grass cutting and garden maintenance • Signposting and Information sharing. 	Click here
AB30	Covid 19 Information	Click here
Dizzy Rascals	Food Bank	Click Here

Luthermuir		
Luthermuir Village Hall	Food larder Information sharing	Click here

Marykirk

Marykirk Noticeboard	Information sharing	Click here
West Mearns Parish Church	Pastoral support, assistance with shopping, collecting prescriptions	Click here
Shopping / Delivery Service		
Laurencekirk Coop	Priority Shopping for the Vulnerable Saturday 8am- 9am and Sunday 10am to 11am	Click here
Castleton Farm Shop	Shop, collection and delivery service	Click here
Whats for Tea Tonight	Farm shop offering home deliveries or can be collected by arrangement, the shop is open but one person at a time	Click here

Premier Stores, Auchenblae	Shop, collection and delivery service	Call - 07812 807278
The Spud Hut	Shop and delivery service	Click here
Gannets, Laurencekirk	Food delivery service	Click here
Steeple Shop, Drumlithie	Shop and local delivery service	Click here

What a fantastic response from our communities. We are proud to be part of Kincardine and Mearns.

Remember, help can also be accessed through the Grampian COVID19 Assistance Hub

<http://www.gcah.org.uk/> or phone 0808 196 3384

KDP are unable to quality assure the activities listed so we remind you to take reasonable precautions when seeking assistance; for example, do not give anyone your payment card and PIN number or give cash to someone you do not know and trust without receiving goods. Stay safe.